

**Caring Contact: A Listening Community**  
**100th Training Class**  
**HYBRID TRAINING (REMOTE & IN PERSON)**  
**March 22, 2022–June 14, 2022**

Class #1 – 6:30pm-9:30pm  
March 22, Tuesday  
**IN PERSON**

Welcome Caring Contact  
Caring Contact Philosophy and Mission  
The Caring Contact Listener Commitment and Expectations  
Volunteer Panel

Class #2 – 6:30pm-9:30pm  
March 29, Tuesday  
**ON ZOOM**

Values Clarification  
Caring Contact Listening I

Class #3 – 6:30pm-9:30pm  
April 5, Tuesday  
**ON ZOOM**

Caring Contact Listening II  
**Practice Session**

Class #4 – 6:30pm-9:30pm  
April 12, Tuesday  
**ON ZOOM**

Caring Contact Listening III & Call Types and Situations  
Introducing Recorded Calls  
**Practice Session**

Class #5 – 6:30pm-9:30pm  
April 19, Tuesday  
**ON ZOOM**

Debriefing on Recorded Calls  
**Practice Session**

Class #6 – 6:30pm-9:30pm  
April 26, Tuesday  
**IN PERSON**

Grief (Guest Speaker)

Class #7 – 6:30pm-9:30pm  
May 3, Tuesday  
**ON ZOOM**

Debriefing on Recorded Calls  
Shame (Guest Speaker)  
**Practice Session**

Class #8 – 6:30pm-9:30pm  
May 10, Tuesday  
**ON ZOOM**

Debriefing on Recorded Calls  
Call Management & The Possibility of Problem Solving  
**Practice Session**

Class #9 – 6:30pm-9:30pm  
May 17, Tuesday  
**ON ZOOM**

Debriefing on Recorded Calls  
Carefrontation  
**Practice Session**

Class #10 – 6:30pm-9:30pm  
May 24, Tuesday  
**ON ZOOM**

Understanding Our Callers' Mental Illnesses  
**Practice Session**

ASIST – 8:30am-4:30pm  
June 4th-5th  
Saturday & Sunday  
**IN PERSON**

Applied Suicide Intervention Skills Training (ASIST)

Class #11 – 6:30pm-9:30pm  
June 7, Tuesday  
**ON ZOOM**

Debriefing on Recorded Calls  
Suicide Awareness & Intervention Skills  
**Practice Session**

Class #12 – 6:30pm-9:30pm  
June 14, Tuesday  
**IN PERSON**

ICarol & Call Recording  
Review Policies  
**Final Practice Session**