**Caring Contact: A Listening Community**

**101st Training Class**

HYBRID TRAINING (REMOTE & IN PERSON)

**September 14, 2022 – December 14, 2022**

**Class #1 – 6:30pm-9:30pm** **Welcome Caring Contact**

**September 14, Wednesday**  **Caring Contact Philosophy and Mission**

**IN PERSON The Caring Contact Listener Commitment and Expectations**

**Volunteer Panel**

**Class #2 – 6:30pm-9:30pm**  **Values Clarification**

**September 21, Wednesday**  **Caring Contact Listening I**

**ON ZOOM**

**Class #3 – 6:30pm-9:30pm**  **Caring Contact Listening II**

**September 28, Wednesday Practice Session**

**ON ZOOM**

**Class #4 – 6:30pm-9:30pm** **Caring Contact Listening III & Call Types and Situations**

**October 12, Wednesday**  I**ntroducing Recorded Calls**

**ON ZOOM** **Practice Session**

**Class #5 – 6:30pm-9:30pm Grief (Guest Speaker)**

**October 19, Wednesday**

**IN PERSON**

**Class #6 – 6:30pm-9:30pm** **Debriefing on Recorded Calls**

**October 26, Wednesday Practice Session**

**ON ZOOM**

**Class #7 – 6:30pm-9:30pm Debriefing on Recorded Calls**

**November 2, Wednesday**  **Call Management** **& The Possibility of Problem Solving**

**ON ZOOM**  **Practice Session**

**Class #8 – 6:30pm-9:30pm**  **Debriefing on Recorded Calls**

**November 9, Wednesday**  **Shame (Guest Speaker)**

**ON ZOOM Practice Session**

**Class #9 – 6:30pm-9:30pm Debriefing on Recorded Calls**

**November 16, Wednesday** **Carefrontation**

**ON ZOOM Practice Session**

**Class #10 – 6:30pm-9:30pm Understanding Our Callers’ Mental Illnesses**

**November 22, Tuesday Practice Session**

**ON ZOOM**

**ASIST – 8:30am-4:30pm Applied Suicide Intervention Skills Training (ASIST)**

**December 3rd-4th**

**Saturday & Sunday**

**IN PERSON**

**Class #11 – 6:30pm-9:30pm Debriefing on Recorded Calls**

**December 7, Wednesday** **Suicide Awareness & Intervention Skills**

**ON ZOOM Practice Session**

**Class #12 – 6:30pm-9:30pm** **ICarol & Call Recording**

**December 14, Wednesday** **Review Policies**

**IN PERSON**  **Final Practice Session**